



# DIRK VAN DIJCK

|                                     | Samstag<br>(Heimkehr)                                                                                                                                                                                                                                                                             | Sonntag                                              | Montag                                               | Dienstag                                             | Mittwoch                                        | Donnerstag                            | Freitag<br>(Einkorben)                |
|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|-------------------------------------------------|---------------------------------------|---------------------------------------|
| SPORT                               | RECOVERY                                                                                                                                                                                                                                                                                          | SUPPORT                                              | SUPPORT                                              | SUPPORT                                              | SUPPORT                                         | ENERGY                                | ENERGY                                |
| Mischungen MORGEN                   | 50% BRILLIANT + 50% PRANGE GRAND PRIX                                                                                                                                                                                                                                                             | 50% WAL ZOONTJENS YELLOW + 50% ENZYMIX 7/48 MS RECUP | 50% WAL ZOONTJENS YELLOW + 50% ENZYMIX 7/48 MS RECUP | 50% WAL ZOONTJENS YELLOW + 50% ENZYMIX 7/48 MS RECUP | 50% PRANGE GRAND PRIX + 50% WALZOONTJENS YELLOW | 100% PRANGE GRAND PRIX                | 50% BRILLIANT + 50% PRANGE GRAND PRIX |
| Futter Condition & Care MORGEN      | RECOVERY + BIOFLORUM + ROYAL JELLY                                                                                                                                                                                                                                                                | BREWER'S YEAST + AMIN-VITA                           | BIOFLORUM + ROYAL JELLY                              |                                                      |                                                 | CONDITION + ROYAL JELLY               |                                       |
| Trinkwasser Condition & care MORGEN | ELECTROLYT oder RELOAD                                                                                                                                                                                                                                                                            | HERBA ZYMA + GARLIC JUICE                            | HERBA PURI-T + GARLIC JUICE                          | HERBA PURI-T + GARLC JUICE                           | REINES WASSER                                   | CARBO-VITA                            | REINES WASSER                         |
| Mischungen ABEND                    | 50% BRILLIANT + 50% PRANGE GRAND PRIX                                                                                                                                                                                                                                                             | 50% WAL ZOONTJENS YELLOW + 50% ENZYMIX 7/48 MS RECUP | 50% WAL ZOONTJENS YELLOW + 50% ENZYMIX 7/48 MS RECUP | 50% WAL ZOONTJENS YELLOW + 50% ENZYMIX 7/48 MS RECUP | 100% PRANGE GRAND PRIX                          | 50% BRILLIANT + 50% PRANGE GRAND PRIX |                                       |
| Futter Condition & Care ABEND       | RECOVERY + BIOFLORUM + ROYAL JELLY                                                                                                                                                                                                                                                                | BREWER'S YEAST + AMIN-VITA                           | BIOFLORUM + ROYAL JELLY                              |                                                      |                                                 | CONDITION + ROYAL JELLY               |                                       |
| Trinkwasser Condition & care ABEND  | ELECTROLYT oder RELOAD                                                                                                                                                                                                                                                                            | HERBA ZYMA + GARLIC JUICE                            | HERBA PURI-T + GARLIC JUICE                          | HERBA PURI-T + GARLIC JUICE                          | REINES WASSER                                   | CARBO-VITA                            | REINES WASSER                         |
| Extra                               | ➢ BELVIMIN & MULTI MINERAL MIX: täglich eine kleine Menge frisch zur Verfügung stellen<br>➢ URTICA-CHLORELLA MINERAL MIX: täglich bis zu 10% der Tagesration<br>➢ PREMIUM SÄMEREIEN EXCLUSIV: nach jedem Training zusammen mit der Futtermischung (3 gr / Taube)<br>➢ THERMAE BATHSALT: 1 x Woche |                                                      |                                                      |                                                      |                                                 |                                       |                                       |